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Men's Transitional House Silver City  
1307 N. Swan St  
Silver City, NM 88061  
  
575-956-6242  
575-956-6947  

Taliferro, Miya

  
ID: 1000010739075    DOB: 7/10/1992

Use Note Creation Time

Clear Time

Set Date/Time

6/24/2023

9:18 PM

Progress Note (Non-Rx) (SPIN Supporting People In Need)

BEHAVIOR:

Her self care skills are intact and unimpaired. Her domestic skills are intact and unimpaired. Her relationships with family and friends are normal. Her work performance is normal. She has maintained sobriety. No anger has been displayed. There have been no reported instances of impulsive behaviors. Miya has not been confused.

CONTENT OF THERAPY:

Outdoor recreational therapy to reduce stress and depression levels. Client was coached through social interaction and nature walks. Client was coached staying focused and relaxed during an intense hike. Client provided coaching through cultural differences and self imposed restraints.

THERAPEUTIC INTERVENTION:

One of the therapeutic techniques used this session involved providing peer support through common themes. This session part of the therapeutic focus was on improving limit setting and boundaries. The main therapeutic technique used this session involved building self-esteem. The patient was given emotional support.

MENTAL STATUS EXAM:

Miya appears friendly, wary, attentive, guarded, casually groomed, normal weight, but appears anxious. There are no apparent signs of hallucinations, delusions, bizarre behaviors, or other indicators of psychotic process. Associations are intact, thinking is logical, and thought content appears appropriate. Homicidal ideas or intentions are denied. No suicidal ideas or intentions are present today. There are signs of anxiety. There are no signs of hyperactive or attentional difficulties. Miya's behavior in the session was cooperative and attentive with no gross behavioral abnormalities.

LEVEL OF CARE JUSTIFICATION:

Miya continues to need outpatient treatment. She continues to exhibit symptoms of an emotional disorder that interfere with day to day functioning and requires continued treatment.

DIAGNOSES:

The following Diagnoses are based on currently available information and may change as additional information becomes available.

Major depressive disorder, recurrent, mild, F33.0 (ICD-10) (Active)  
Child in welfare custody, Z62.21 (ICD-10) (Active)  
Housing instability, housed, with risk of homelessness, Z59.811 (ICD-10) (Active)  
Problems related to other legal circumstances, Z65.3 (ICD-10) (Active)

H0038 Peer Support - TV  
Time spent on this activity: 240 min    Session start: 8:30 AM    Session end: 12:30 PM

Service Location

Turn

Audit Log

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7/12/23, 5:50 AM